



POLZEATH SURF LIFESAVING CLUB
SKI POLICY
October 2022

1. A risk assessment must be completed by a Level 2 Coach.
2. A register of members taking part must be completed in and out of the water.
3. The ski must be checked over before going into the water for issues or damage.
4. The Lead Coach must give a safety briefing before entering the water.
5. When paddling outside of the bay, all ski paddlers are to wear a buoyancy aid (personal flotation device) with a whistle.
6. The Lead Coach can make a judgement call on PFD's when conditions suit i.e flat water.
7. When paddling in the Estuary from Wadebridge, Rock and Porthilly, all ski paddlers are to wear a buoyancy aid (personal flotation device) with a whistle.
8. Members are to dress for the weather, wear appropriate paddling / wetsuit gear for the conditions.
9. The Lead Coach is to take either a mobile phone or VHF radio in a waterproof pouch.